
HOW TO ACCESS SERVICES

UCAN Clinical & Counseling Services accepts private insurance and may provide services on a sliding scale depending on economic circumstances. We can also direct victims of violent crimes to additional financial resources which may be able to cover the cost of services. To schedule an appointment please contact 773.429.9346.

Si necesita hablar con una persona en español, por favor de llamar al número 773-981-0569 gracias.

Locations

1340 S. Damen, Suite 205
Chicago, Illinois 60608

10046 S. Western Avenue
Chicago, Illinois 60643

830 West End Ct., Suite 150
Vernon Hills, Illinois 60061

Evening hours available at all locations.

Additional information can be found on our website: www.ucanchicago.org

UCAN is accredited through the Council on Accreditation.



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www.ucanchicago.org



Clinical & Counseling Services

A respected, experienced resource for insight, strength and change.

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HOW WE CAN HELP

When life presents you with struggles, the decision to seek professional help can be a difficult one. Acknowledging the challenges and facing them is the first step in overcoming them. CCS therapists are experienced in assisting you in the process of problem-solving, growth and change for such issues as:

- Behavioral Problems
- Depression
- Anxiety
- Bullying
- Parenting
- Divorce
- Attachment and Loss
- Life Transitions
- Anger and Aggression
- Play and Sociability
- DCFS Involvement
- Marriage and Partner Relations
- Grief and Bereavement
- Urban and Domestic Violence
- Survivors of Sexual and Physical Abuse
- Juvenile Court Involvement

WHO WE ARE

UCAN's mission is to build strong youth and families through compassionate healing, education and empowerment. Our programs aim to heal trauma, educate children and families and prevent violence.

OUR CORE SERVICES

UCAN Clinical and Counseling Services (CCS) provides therapy in offices throughout the Chicagoland area. CCS therapists offer individual, couples, family, and group therapy, as well as clinically supervised visitation.

CCS therapists aim to strengthen conflict resolution skills, communication, and problem-solving in family, social, and educational settings. Our approach uses an individualized balance of support, therapeutic intervention, and education. We will work with you to develop a specific treatment plan designed to help you and your family work through your challenges. Services are based on mutual goals, feedback, and respect for the individual.

OUR THERAPISTS

Our therapists are a culturally diverse group of Master's-level and licensed clinicians, with a deep sensitivity to the rich diversity of individual, social and cultural traditions. We bring integrative approaches to therapy that reflect the depth and breadth of our professional development. CCS is proud to have specialists in expressive therapies such as Art Therapy and Dance/Movement Therapy, as well as Spanish-fluent therapists.

TRAINING AND CONSULTATION

CCS therapists provide training and consultation to parents, teachers, mental health professionals, and corporate work groups to enhance understanding of mental health related issues. We work closely with you to develop tailor-made learning initiatives that meet your unique needs.

