



HOMEMAKER PROGRAM

SERVICES WE PROVIDE

Our Homemaker Program provides trained homemakers offering weekly in-home support and assistance for families experiencing a range of circumstances that threaten the family's ability to meet or protect the needs of its members. Assistance may include improving household management skills; temporary respite care while the family caregiver is temporarily disabled or unavailable; and relief for families caring for a member with serious, ongoing physical or mental health needs. Additional services include teaching

proper meal planning, budgeting, healthcare and hygiene for family members.

Our Homemakers are here to serve our families with a sense of dignity and support, recognizing that our clients need help however being sensitive to their needs and encouraging them to lead the way to improving the functioning of their families.

One of the primary focuses of our Homemaker Program is to help our clients learn new ways of coping with stress and teaching new skills that will help ensure the health and safety of

all family members. Our Homemaker Program is designed to avoid any further interference in the lives of our client by protective services. This program is offered to our clients who are identified as in need by the IL Department of Children and Family Services.

In addition to in-home services we also offer advocacy services to our clients who are struggling with landlord problems or utilities company problems to name just a few. We offer this support to our clients, who often feel a sense of powerlessness when navigating some of these systems.



OUR GOAL

Teaching parents and caregivers how to become advocate for themselves and their families is at the heart of our Homemaker Program. The goal of our Homemaker Program is develop self-sufficiency on the part of our clients, leaving them with the tools they need and a sense of comfort in knowing that they can advocate successfully for themselves.



ABOUT UCAN

For over a century, UCAN has served as a safe harbor for traumatized youth and families at-risk. UCAN serves over 10,000 youth each year through a variety of programs aimed at healing trauma, educating youth and family and preventing violence.

UCAN is accredited through the Council on Accreditation and licensed by the Illinois Department of Children & Family Services.



HOW YOU CAN CONTACT US

We serve the Cook, Lake and McHenry Counties. To learn more about our Homemaker services, please contact:

North Suburbs

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