



SUPERVISED VISITATION AND *TRANSPARENTING*

Programs to ease the burden of divorce on children and families

Parents face many challenges when they decide to separate or divorce. The most profound is the well-being of their children. We offer two programs to lessen the disruptive effect on parents and children.

OVERVIEW

Supervised Visits

Supervised visits with the custodial parent help parents and children maintain and enhance their relationships even as they adjust to their circumstances. Visitation also allows children to have safe access to a non-custodial parent.

Simply put, supervised visits:

- Let children maintain attachments to both parents.
- Reduce friction between parents.
- Preserve the dignity of all parties.

TransParenting

TransParenting is a one-on-one four-hour, interactive seminar focusing on how to provide effective parenting during the difficult transition of divorce to lessen the negative effects on children.

SUPERVISED VISITATION

Supervised visits help provide a pleasurable, safe experience for children and parents. Our experienced staff provides full supervision during the entire visit to ensure that court orders are followed and that the visits are safe, child-focused, and neutral.

Our staff ensures:

- Sensitivity to a child's needs
- Neutral, unbiased observation
- Discretion
- Confidentiality
- Ability to neutralize conflicts
- Skilled communication
- Ability to manage and maintain a safe experience

Supervised visits can take place at community sites, local sites such as parks or restaurants, or, subject to court orders, UCAN offices.

TRANSPARENTING

Divorce brings many problems to family members, especially children. Adults who understand the changes and confusion children face can better ease the transition to a new family structure.

TransParenting shows parents how to help children adjust to parental separation. Using a multi-media approach, staff provides advice, tools and techniques, and the most current research on how to best lead families to a successful and positive outcome.

Participants receive a handbook to use during the course and afterward. Classes take place at accessible and convenient community sites as well as UCAN office sites.

TransParenting currently operates in 30 states and is based on a national program begun in 1988. UCAN is a licensed provider, in Cook, Lake and McHenry counties, of this award-winning program which has served over a million parents in the last decade.



WHO WE ARE

At UCAN, we meet the highest professional standards. Our staff members possess outstanding interpersonal and motivational skills. They undergo thorough background checks and testing and are skilled in observing and assessing interactions.

The national governing body of the *TransParenting* curriculum trains our *TransParenting* staff.

Fees depend on services provided and may come from contracts, insurance, or private pay arrangements. This program is presently available in Cook, Lake and McHenry Counties.

Research shows that children from disrupted families are at greater risk of poor educational performance, behavioral disturbances, mental disorders, later substance and alcohol abuse, and early sexual activity.

Let us help you.

HOW YOU CAN CONTACT US

For more information concerning these programs, please contact us at (773) 429.0300 or (847) 362.2111.

Families may join either *TransParenting* or Supervised Visitation or both. We invite you to talk with us so that we can help you select the program that best suits your needs at this time.

ABOUT UCAN

For over a century, UCAN has served as a safe harbor for traumatized youth and families at-risk. UCAN serves over 10,000 youth each year through a variety of programs aimed at healing trauma, educating you and families and preventing violence.

UCAN is accredited through the Council on Accreditation.

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